

BEST PRACTICE

"SUPPORT FOR MIGRANT WOMEN AFFECTED BY GENDER-BASED VIOLENCE" (POLAND)



Short description

The project is financed within the “Active Citizens Fund – National Programme” (the European Economic Area Grants).

Under the programme migrant women will be provided with free-of-charge specialist services such as: legal counseling, psychological support and complex integration counseling.

Additionally, women will be able to take part in some workshops or trainings on soft skills or those aimed at dealing with stressful situations and difficult emotions.

The project leader will create an institutional base, so-called mapping of institutions which are ready to support and help migrants and refugees.

There will be also special migrant-context trainings dedicated to organisations and institutions, which will develop more aspects of works with foreigners to better tailor their educational offer or assistance to migrants' needs.

Title of the practice

”Support for migrant women affected by gender-based violence” (Poland)

Place and date

Mazovia

Duration

2021-2022

Target group

Migrant women:

- affected by violence and gender-based discrimination
- expecting psychological support
- requiring in-depth knowledge of their rights
- expecting integration workshops

NGOs/ associations/ organisations supporting migrants

- aspiring to work with migrants more qualitatively
- wanting to know more about contextual embedding methods of works with migrants/ refugees

Institutions involved

- Fundacja dla Somalii (Foundation for Somalia)

Goals / objectives

Main goals:

- increase the level of awareness of migrants' rights
- develop the methods of support for migrant women involved in violence-based situations
- promote integration within immigrant communities
- expand the knowledge of work and develop new multifaceted methods of work with foreigners within various organisations/ institutions

Success factors

- it fosters integration of migrants into Polish communities
- greater awareness of one's own rights and ways to seek help in emergency (e.g. violence-based) situations
- greater abilities and motivation of migrant women to engage in peer-to-peer support, not only in the context of language, but also commonplace functioning on a daily basis (work, health, seeking legal solutions, finding supportive organisations etc.)
- new innovative solutions and author's methods of work with migrants/refugees

Link of the source

- <https://fds.org.pl/start-nowego-projektu/>