## HANDOUT 1.2 WORK WITH EMOTIONS HANDOUTS



## WORK WITH EMOTIONS – HANDOUT 1.2

**EXAMPLE BLANKS TO FILL IN:** 

-What makes you .....? -What do you do when you feel....? -What do you do when your friends are ....? -When was the last time you felt ....? Why?

'WHY' questions are open and aim to initiate any discussion.