

# LESSON PLAN 8

## DISCUSSION OF STEREOTYPES



### ABOUT THE LESSON PLAN

**DURATION:** about 25-35 minutes, depending the size of the group

**MATERIAL REQUIRED:** You will need putty in different colors

### OBJECTIVES:

This activity helps to develop a discussion of stereotypes. It helps each participant to share and express elements of their personality only to the extent that they feel comfortable, as the categories we work with allow for different degrees of expression.

### LEARNING OUTCOMES:

This activity gives participants the opportunity to get to know each other during the seminar, while exploring possible stereotypes that characterize different people and cultures.

Participants will question their preconceived perceptions and will be able to feel the complexity and contradictions contained in a person's identity. They will have the opportunity to see how people from different cultures and religious backgrounds can have many characteristics and goals to share and value.

### LEARNING CONTENT

Distribute the putty to the participants and ask them to do with it something that expresses an important element of their personality or belief with which they are strongly committed or future goal.

It may be related to, but not limited to concepts such as family, religion, education or culture.

After all participants have finished, have them continue working with the person next to them in pairs and instruct them to try to guess what the other participant in the pair has done. Then have each participant present to the other what he or she has actually done and explain why it is important to him or her.

After you finish, the facilitator names the main concepts that the participants have worked on without realizing it. If any of the participants cannot identify their work with any of the named categories, ask them if they want to present them to the whole group.

Make sure you explain throughout the process that participants may not participate or answer any questions or activities they think.

When all participants present what they have done with putty, make the group think about issues such as: Which of the things made with putty to which category corresponds? Were the results surprising? Did your couple do what you expected?

## TIPS FOR FURTHER READING

- [https://youthincludedblog.files.wordpress.com/2015/11/bulgarian\\_immigrant\\_guide-youth-included.pdf](https://youthincludedblog.files.wordpress.com/2015/11/bulgarian_immigrant_guide-youth-included.pdf)
- [https://asylumineurope.org/wp-content/uploads/2021/02/AIDA-BG\\_2020update.pdf](https://asylumineurope.org/wp-content/uploads/2021/02/AIDA-BG_2020update.pdf)

## HANDOUTS

Handout 8