

LESSON PLAN 10

CONNECTING THROUGH STORIES



ABOUT THE LESSON PLAN

DURATION: 20-30minutes

MATERIAL REQUIRED: ball of twine

OBJECTIVES :

This activity is an efficient and funny way for acquaintanceship. It helps to tell stories that make participants feel connected and understand that they have common experiences. It is important for the mentor to make sure that the stories told are appropriate.

LEARNING OUTCOMES:

The following example aim to facilitate the management of multicultural groups, in order to strengthen the bonds of respect and trust between participants by enabling them to express elements of their cultural heritage.

In addition, this could help participants to become familiar with issues related to cultural characteristics, discriminatory behavior and to increase their empathy for different groups and individuals.

LEARNING CONTENT

The participants sit in a circle.

One of them holds the end of the rope and tells a funny story to the other members of the group.

When the first participant finishes, he / she continues to hold the end of the rope, but throws the ball to another participant in the circle. The second person also shares a funny story. When he / she finishes, he / she continues to hold part of the rope and throws the ball to a third participant. This continued until all participants had the opportunity to share a story. The members of the group can see how they are all connected through the orb.

In addition, participants will learn about the fluid nature of intra-group dynamics and overlapping exclusion lines. A problematic aspect of the management of culturally mixed groups is the creation of common and marginalized norms within its framework.

TIPS FOR FURTHER READING

- https://youthincludedblog.files.wordpress.com/2015/11/bulgarian_immigrant_guide-youth-included.pdf
- https://asylumineurope.org/wp-content/uploads/2021/02/AIDA-BG_2020update.pdf

HANDOUTS

Handout 10