

HANDOUT 8

DISCUSSION OF STEREOTYPES



You will need a playing dough in different colours.

Time: 25-35 minutes or more, depending on the number of participants.

-Give the dough to the participants and ask them to make something, which describes their identity, beliefs and goals. It can be connected, but not limited to subjects such as family, religion, and culture.

-After everyone is ready, split them into couples and let them guess what the other participant has created. Ask them to explain what and why they have done it.

-When the task is completed, let the mentors bring out the main conceptions. Be aware that everyone attends the activity willingly.

This activity is very useful for the participants to express important characteristics of their identity and it is a great way for them to get to know each other while exploring possible stereotypes.