

# HANDOUT 1.3

# WORK WITH EMOTIONS

# HANDOUTS



## **WORK WITH EMOTIONS – HANDOUT 1.2**

### **EXAMPLE BLANKS TO FILL IN:**

- What makes you .....?**
- What do you do when you feel....?**
- What do you do when your friends are ....?**
- When was the last time you felt ....? Why?**

**'WHY' questions are open and aim to initiate any discussion.**